

# NOW ENROLLING!

Starting at  
18 Months



*Looking for  
a Program to  
Further Develop  
Your Child?*



 **SKILLZ**  
CHILD DEVELOPMENT CENTER

**WATCH YOUR CHILD GROW WITH EVERY CLASS!**

The curriculum in our Skillz Program includes years of research and development proven effective for each age group. Not only do we guarantee your child will benefit from their training, we also guarantee that he/she will have a **LOT OF FUN** in the process!

**REVTUP**

305 Pinedge Dr. West Berlin, NJ 08091  
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# SCIENCE-BACKED CHILD DEVELOPMENT FOR EVERY AGE GROUP

## 18 MONTHS TO 36 MONTHS

During 18 to 36 months of age, children's skill development moves very fast. Their brains are growing rapidly, language is blooming, and motor skills are advancing. At the same time, thinking becomes more developed, and their social and emotional skills enable them to interact with more people making this an ideal age to begin participation in structured group activities. **Skills include: stepping, listening, patience, respect, jumping, thinking, following & sharing.**

## 3 & 4 YEAR OLDS

Three to four year olds love physical activity and anything involving play. They have a rich imagination and strong desire to be less dependent on their usual caregivers. With that said, a structured program introducing early skill-based training in Martial Arts proves to be very successful. **Skills include: kicking, punching, blocking, crawling, hopping, rolling, running & catching.**

## 5 & 6 YEAR OLDS

Five and six year olds are the most enthusiastic students. They love creativity and problem solving, which makes them ideal students in the Martial Arts. They are now at a stage where basic skill development plays an important role in their overall growth and development. **Skills include: focus, teamwork, control, memory, balance, discipline, fitness & coordination.**

## 7 TO 9 YEAR OLDS

Seven to nine year olds are what most people consider the "golden age". They're proficient in their vocabulary and problem-solving skills, yet they are not at the age where they want complete independence from adults. Therefore, core skill training is the most effective way to help them grow at a pace that increases their overall abilities in a manner that is appropriate for their stage of development. **Skills include: agility, technique, courage, flexibility, intensity, perseverance, speed & concentration.**

## 10 TO 14 YEAR OLDS

Ten to twelve year olds are the smartest students in the school. Yes, they are smarter than most adults! They are also physically competent and can excel in most physical challenges that are presented to them. With that said, extreme skill training is the most effective way to challenge them, while simultaneously making their Martial Arts training fun. **Skills include: dexterity, reaction, versatility, momentum, precision, instinct, strength & vision.**

## IT'S NOT JUST MARTIAL ARTS.

Rev It Up's Skillz Program includes an evolution of Martial Arts training that targets the age-specific needs in children. We've taken the coolest parts of Martial Arts from a variety of styles and combined them into action-packed curriculums that help build skills that they can apply into every area of their life. This means children as young as 18 months through 14 years old will have a blast in their Martial Arts classes while learning valuable skills that includes massive growth and development physically, emotionally, intellectually and socially!

## EACH PROGRAM CONTAINS 8 PROMINENT SKILLS THAT MAXIMIZE RESULTS!

Taking the eight most prominent skills in each stage of development and adding martial arts techniques that children love established the Skillz Program. These skills were divided into five age-specific categories: Ages 18 - 36 mos., Ages 3 & 4, Ages 5 & 6, Ages 7 to 9, and Ages 10 to 14. Each program is structured to MAXIMIZE the growth and development of the student and generate results that extend beyond the Martial Arts classroom.



**STUDENT CREED**  
1. Courtesy  
2. Integrity  
3. Perseverance  
4. Self Control  
5. Indomitable Spirit  
What do we strive for daily?  
KNOWLEDGE in the mind,  
HONESTY in the heart,  
and STRENGTH in the body.  
PILSUNG!  
REV-IT-UP



Schedule your **FREE One-on-One Pre-Evaluation** today!

# Introducing... Mini★SKILLZ

Ages 18 - 36 Months



## **THIS IS NOT A TYPICAL TODDLER PROGRAM!**

We integrate an extensive amount of research and development into a program that is appropriate for their age, while at the same time advancing them beyond their current stage of development. This means that each child will learn and grow at a faster pace than the average toddler. Mini Skillz is one of the best toddler activities available in South Jersey!

Mini★SKILLZ

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